

SERENITY

TREATMENT AFTERCARE

PROPHILO

WHAT CAN I EXPECT IN MY PROFHILO TREATMENT:

- You will have a series of 5 injections on each side of the face, covering your mid and lower face. We are also able to treat your neck in the same way (each area is charged separately)
- You will not be treated on your forehead, nose, and under eyes
- You will feel a stinging sensation on injection but this subsides quickly after the product has been placed in the skin.
- Immediately after, there will be small lumps on the face where the profile product has been injected; they will look like bee-stings and go down after around 30 minutes but can persist for up to 24 hours.
- We advise you do not put any products (including makeup) over the area treated for at least 12 hours.
- Your practitioner will give your aftercare advice and will book you for your second dose in 4 weeks.
- Profhilo consists of two treatments, four weeks apart. You may start to see a gradual improvement in the skin after your first treatment, however your full results will not be seen until after your second treatment. For some clients, a third treatment may be required – treatment plans will be discussed in your initial consultation.
- Profhilo is an anti-ageing hydration treatment that helps boost hydration beneath the skin's surface and kickstart the natural production of collagen and elastin. It is suitable for anyone who would benefit from increased hydration, more collagen, or elastin. Typically clients are aged 30-65 and want to look younger and for their skin on their face, neck, hand, or arms to look better.
- Your skin will look better hydrated almost immediately after treatment. The client won't see the collagen elastin's benefit until at least six weeks after your first treatment. The best results will appear 4-6 weeks after your second treatment.
- To achieve the results, you will need 2 Profhilo treatments four weeks apart initially. Your results will then last 9-12 months. An optional additional top up at 6 months will help to enhance and maintain the effect.
- You can only undertake injectable procedures like Profhilo after you attend a face-to-face consultation with Anna, who will discuss a full list of cautions and contraindications.

WHAT TO EXPECT AFTER YOUR TREATMENT:

- No makeup for 12 hours after treatment
- Refrain from any facials for two weeks
- No heavy exercise for 24 hours after treatment
- Mild bruising can occur at the injection site
- Be gentle when washing the filled area of your face, neck, chest, or hands
- Try to avoid unnecessary touching of your face for the first 24 hours after treatment

Profhilo was launched in Italy in February 2015, and it's been in use worldwide ever since. Over 300,000 patients have been treated so far, with no adverse reactions reported. Side effects (e.g., redness, pain, swelling) are mild and temporary. From a safety perspective, it is made from ultra-pure, natural hyaluronic acid and stabilised without chemical cross-linking agents; this reduces the risk of adverse reactions, so the downtime is minimal.