

SERENITY

TREATMENT AFTERCARE

ELECTROLYSIS

24-48 HOURS POST TREATMENT

- Refrain from touching the treated areas so the transfer of bacteria will be limited.
- Avoid any activity that could irritate hair follicles such as anything that would cause friction or sweating, such as physical exercise, hot tubs, etc. as these activities can increase swelling.
- Avoid sun exposure or the use of tanning products.
- Avoid using soap or water saturation on the treated area.
- If treating underarms, do not use deodorant for 24 hours.
- For electrolysis on the face, try not to apply make-up for at least 24 hours.

7 DAYS POST TREATMENT

- Wash your hands thoroughly before touching the treated area.
- Keep the treated area clean with a mild skin cleanser. Make sure that it hasn't got any harsh glycolic acids in it, as these will cause sensitivity.
- Apply Sterex Aloe Vera Gel twice a day for two or three days or as needed this will soothe any of the initial redness.
- Do not exfoliate, scrub or use peels 5-7 days following treatment.
- Avoid contact with oily, perfumed or alcohol-based products.
- Apply sunscreen sparingly to the treated area, especially if you have sensitive and/or pigmented skin.
- No swimming (especially immediately after treatment).

BETWEEN TREATMENTS

- Trim hair with scissors, bleach, or shave.
- DO NOT tweeze, wax, or thread.

Please contact Reception on 01707 651512 if you have any questions