

SERENITY

TREATMENT AFTERCARE

COLLAGEN LIFT

POST TREATMENT ADVICE

- For 12 hours: do not wear heavy makeup.
- For 24 hours: No swimming, facial waxing or exercise.
- For 48 hours: No sauna, sunbeams, sun exposure, both, collagen injections or dermal fillers.
- For 72 hours: Do not use any anti-ageing creams, AHA's, glycol's, retinol or exfoliating products.

At all times:

- During a course of Collagen Lift SPF 15 minimum must be applied and exposure to UV should be avoided.
- Regular moisturiser applicatios are vital to replensih moisture and prevent the skin from becoming dry and peeling.
- Drink plenty of water before and after treatments